



Bay Area Chapter

“Pediatric Oncology Nurses & Palliative Care: Caring for our Kids” Maggie Root, RN, MSN, PNP

Maggie Root is a pediatric nurse practitioner with certifications in pediatric hospice and palliative care, pediatric hematology-oncology and pediatric acute care.

She works at UCSF in the Integrated Palliative Pain and Care (IP3) team, which aims to alleviate the symptoms of serious illness and improve the quality of life of her pediatric patients and their families. As a palliative care nurse practitioner, her role is to provide an extra layer of support for children and families, and to assist with medical decision-making.

In addition to caring for patients, Root conducts research focusing on the impact of palliative care on children and families facing serious illness, and the training of nurses and doctors in palliative care. She is a member of the Hospice and Palliative Nurses Association and the National Academy of Pediatric Nurse Practitioners.



Palliative Care Resources

- National Institute of Nursing Research (NINR) Information for nurses and providers on the role of pediatric palliative care:
<https://www.ninr.nih.gov/newsandinformation/conversationsmatter/peproviders>
- Quick Sheet from NINR
https://www.ninr.nih.gov/sites/www.ninr.nih.gov/files/NINR_508c_AtGlance.pdf
- Nausea Guidelines: Oncology Nurse Society guidelines for management of CINV:
<https://www.ons.org/practice-resources/pep/chemotherapy-induced-nausea-and-vomiting/chemotherapy-induced-nausea-and-0>
- Fatigue: <http://journals.sagepub.com/doi/abs/10.1177/1043454206293269>
- Healthy Boundaries: APHON Position Statement on Social Media, also includes piece on compassion fatigue. <http://aphon.org/UPLOADS/Education/pp6.pdf>
- Stress in Peds One Nurses: <http://journals.sagepub.com/doi/abs/10.1177/1043454212458367>
- Teaching Sheets on Palliative Care Topics from Hospice and Palliative Nurse Association:
<http://advancingexpertcare.org/patient-family-sheets/>

SAVE THE DATES

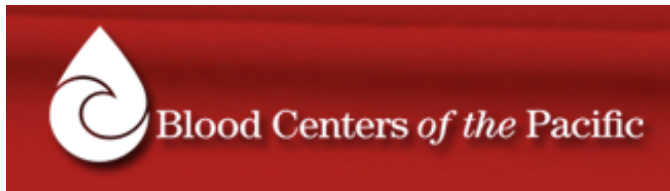
November 14th, 2017

Join us for our next educational dinner on November 14th at Tacolicious restaurant in Palo Alto. Dr. Kara Davis, Assistant Professor of Pediatric Hematology/Oncology at Lucile Packard Children's Hospital, will be giving a talk on CAR-T cell therapy.



January 28th, 2018

BAPHON is planning our next annual educational symposium at the Hilton Garden Inn in Emeryville. Mark your calendars now!



BAPHON Community Outreach News

BAPHON's Blood Drive on 5/12/17 at UCSF Mission Bay was a HUGE SUCCESS! We collected **74 units** of life saving blood due to the generosity of many staff, patients, and community members. This was our most successful blood drive to date! Our goal was to collect 200 units during this past year and thanks to many of you, we surpassed our goal and collected an impressive 225 units! A huge thank you to all who donated and to our volunteers for helping run a smooth drive. The next blood drive is already being planned for October 6th at UCSF Mission Bay. Please contact Katie Maniatis at Kathleen.maniatis@ucsf.edu or Rosie Mayo at rosiemarie.mayo@ucsf.edu if you are interested in helping host the next drive. Thank you!

MEMBERSHIP CORNER

BAPHON is proud to announce that 2017 membership now stands at **108** - an all time high! We are so thankful to all of our dedicated members who are helping to grow our organization. We hope to continue expanding our membership throughout the Bay Area and Northern California in the coming year. Our goal is to offer greater access to networking and educational opportunities to our BAPHON members and colleagues. Please continue to spread the word to your friends and colleagues about the benefits of BAPHON membership! We thank you all for your support!





BAPHON is excited to participate in Alex's Million Mile for the 3rd year in a row. Last year we raised \$3,165 for the organization, as well as logged 3,589 miles. This year we hope to top that! Please join our team, Team BAPHON (page ID: E1324209). You can log and track miles automatically by using one of the following apps: MapMyFitness, Fitbit or Strava. You can also log the miles manually on the site.

BAPHON will be hosting 3 hikes during the month of September to log miles together, as well as provide networking opportunities for our members.

Saturday, September 16th at 9:30 AM: Tennessee Valley Hike, Marin (3.4 miles round trip)
Tennessee Valley is an amazing offshoot of the Marin Headlands. The Tennessee Valley Trail is mostly level; it begins at the parking area and travels 1.7 miles to Tennessee Beach.

Saturday, September 23rd: *ROSIE in SF (TBA)*

Saturday, September 30th at 9:30am: Bedwell Bayfront Park hike, Menlo Park (2.3 mile)
Bedwell Bayfront Park is located at the east end of Menlo Park on San Francisco Bay at Highway 101 and Marsh Road. Parking is available along the entrance road. The park's 160 acres are surrounded on three sides by the Don Edwards San Francisco Bay National Wildlife Refuge. The relatively flat 2.3-mile trail around the perimeter of Bedwell Bayfront Park is an easy walk and has amazing views over the bay.

Alex's Lemonade Stand Foundation's mission is to raise money and awareness of childhood cancer causes, primarily for research into new treatments and cures, and to encourage and empower others, especially children, to get involved and make a difference for children with cancer.

WANTED FOR NEWSLETTER

For future issues of the BAPHON newsletter, we are looking to highlight local BAPHON members who demonstrate a commitment to our pediatric hematology/oncology patients. If you know of such a nurse, please let us know. We also welcome clinical tidbits or news that will be useful to share with your colleagues. If you have ideas to share, please email us at baphon2012@gmail.com. We look forward to hearing from you!

BAPHON Board Members

- Carly Hoffman, CPNP, CPON, President (*UCSF Benioff Children's Hospital*)
- Nichole Mosher, CPNP, Vice President (*Lucile Packard Children's Hospital Stanford*)
- Stacy Rupert, RN, MSN, CPHON, Treasurer (*Kaiser Permanente Oakland*)
- Stacy Wolf, CPNP-AC, MS, CPON, Membership Co-Chair (*Stanford Children's Health at CPMC*)
- Rosie Mayo, RN, Membership Co-Chair (*UCSF Benioff Children's Hospital*)
- Katie Maniatis, RN, MSN, CPHON, Community Outreach (*UCSF Benioff Children's Hospital*)
- Merian Van Eijk, RN, MSN, CPHON, Education & Event Planning (*Lucile Packard Children's Hospital Stanford*)
- Michele Santilhano, RN, BSN, CPHON, President Ex-Oficio (*Kaiser Permanente Santa Clara*)

We currently have the position of Secretary open.

We are also looking for volunteers to help with event and conference planning, community service projects, and fundraising. Please email us at baphon2012@gmail.com with your interest.

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